



UCI

Student Health Center

A GUIDE FOR UNDERGRADUATE AND GRADUATE STUDENTS TO:

- I. SERVICES PROVIDED AT STUDENT HEALTH CENTER
- II. THE UC STUDENT HEALTH INSURANCE PLAN (UC SHIP)
- III. IMMUNIZATION REQUIREMENTS INCLUDING COVID-19 AND FLU
- IV. MANDATORY COVID-19 TESTING FOR NON-VACCINATED STUDENTS WHO ARE LIVING, LEARNING AND/OR WORKING ON CAMPUS

www.shc.uci.edu



UCI STUDENT HEALTH CENTER

- Located on campus at the corner of East Peltason and Pereira Drives (Bldg 5 on campus map).
- Dental Clinic located in Bldg 6 across the street.
- Open M,Tu,Th, F 8:00am-5:00pm; Wed 9:00am - 5:00pm (Saturday clinic is open from 9:00am – 3:00pm from early October thru early June. Check website at start of Fall quarter for details).
- Urgent cases may be seen on a walk-in basis (or referred to a local urgent care center depending upon appointment availability).
- Telemedicine Visits are available for Primary Care, Mental Health Care and Certain Specialty Services





UCI STUDENT HEALTH CENTER

- Accredited by the Accreditation Association for Ambulatory Health Care
- Staffed by board-certified medical professionals and nursing staff with expertise in college student health and wellness issues
- Emphasis on patient education, disease prevention, and wellness promotion



MEDICAL SERVICES

- Primary Care/General Medicine
- Urgent Care
- Gynecologic and Reproductive Health Care
- Gender-Affirming Care
- Nurse Clinic
 - TB Testing/Immunizations
 - Travel Medicine
 - Health Clearances
- Telemedicine Visits are available for Primary Care, Mental Health Care and Certain Specialty Services

- Medical Specialties
 - Internal Medicine
 - Dermatology
 - Orthopedics/Sports Medicine
 - ENT
 - Chiropractic Services
 - Nutrition Services
- Psychiatry Service
- Note: Counseling Center is a separate department and provides time-limited, short-term counseling services. There are no additional fees for Counseling Center services as they're included in student services fees. Unlike SHC's Psychiatry services, Counseling Center services are not a covered benefit of UC SHIP.



OTHER IMPORTANT SERVICES

- Dental Clinic (Bldg 6 on campus map):
 - Comprehensive dental care with specialty care by an Endodontist
- Clinical Laboratory
- X-Ray
- Pharmacy
- Insurance Services



HOW TO ACCESS CARE



- Options for scheduling an appointment are currently limited due to COVID-19 precautions:
 - Call 949-824-5304
 - Go online to the WH&CS Student Health Portal (online scheduling is currently available for immunization visits only; check website for updates)
- Limited # of walk-in appts for more urgent problems are available
- Telemedicine Visits Available for Primary Care, Mental Health Care and Certain Specialty Services



AUTHORIZATION FOR TREATMENT OF A MINOR



501 Student Health
Irvine Ca, 92697-5200
(949) 824-5301 Telephone
(949) 824-3033 Fax

CONSENT TO TREAT MINOR PATIENT

California law requires the consent of a parent or legal guardian for medical care of persons under eighteen (18) years of age who are not emancipated. If your dependent is not emancipated and is a student at the University of California, Irvine, or attending a program at the University of California, Irvine, the information below must be completed before treatment of your minor can commence.

Patient Information

Last Name _____ First Name _____ Initial _____
Address _____ City _____ State _____ Zip _____
Phone _____ Student ID No. _____ Date of Birth _____

Parent or Legal Guardian Information

Name _____ Phone _____
Address _____ Mobile _____
City _____ State _____ Zip Code _____

Authorization

I, the above named Parent or Legal Guardian, certify that the patient named above is currently a minor for which I am legally responsible.

I further authorize the Student Health Center of the University of California, Irvine, to provide medical care to



HEALTH REQUIREMENTS FOR INCOMING STUDENTS

- TB Screening and Immunization Requirements - All new, incoming students must complete the following health requirements:
 - TB Risk Screening Form.
 - ✓ Students who show high-risk factors must undergo additional TB testing prior to arrival on-campus at UCI or prior to the start of the Fall term. You may provide documentation of previous testing that occurred within twelve (12) months of entry to UCI.
 - Obtain four (4) required Immunizations or demonstrate proof of compliance:
 - MMR (measles, mumps and rubella) – Two Doses or proof of immunity by serology (titers)
 - Varicella (Chicken Pox) – Two Doses or proof of immunity by serology (titers)
 - Tdap – One dose after age 7
 - Meningococcal Conjugate (Serogroups A, C, Y, & W-135) – One dose on or after age 16 for all students 21 years of age or younger



COVID-19 VACCINATION MANDATE

- The University of California has issued its final policy mandating COVID-19 vaccination for ALL incoming and continuing students, faculty and staff in Fall 2021.
- Medical exemption, religious objection exception, disability exception or deferral during pregnancy may be requested.
- Deadline for COVID-19 vaccination compliance is two weeks prior to start of Fall term (9-6-2021).
- Students who are not vaccinated will be required to comply with mitigating controls (e.g., weekly COVID-19 testing, wear masks, etc...).



FLU VACCINATION MANDATE

- It is anticipated that the University of California will require flu vaccinations for ALL incoming and continuing students, faculty and staff in Fall 2021.
- The final UC policy regarding the flu vaccination is expected shortly.
- Flu vaccinations must be received on or after August 1st in any given year in order to be compliant with the policy.



HEALTH REQUIREMENTS FOR INTERNATIONAL STUDENTS

- International students must also comply with the various UC immunization mandates:
 - Incoming International students must comply with the TB screening and immunization requirements for new students.
 - Incoming and continuing International students must also comply with the COVID-19 and Flu vaccination requirements.
 - ✓ COVID-19 vaccines from outside the U.S. are accepted if WHO approved.
 - ✓ Vaccines are available at many US airports. For more information, visit [COVID-19 Vaccine Information for International Students](#).
 - ✓ International students must repeat their COVID vaccination doses in the US if they received only a single dose of a WHO approved vaccine in their home country.
 - If one or more of the required vaccines are unavailable in your home country (or country of current residence) and you will be traveling to the United States to attend UCI in-person during the Fall term, then you must receive the vaccines upon your arrival on campus either at Student Health Center; at an off-campus provider; or at a retail pharmacy.
 - All immunization records must be translated into English prior to uploading to the Student Health Patient Portal. Consult with UCI's International Center for available resources regarding translation of records.



HEALTH REQUIREMENTS – KEY TAKEAWAYS

- All students must upload their COVID-19 vaccination and/or flu vaccination record(s) to the secure Student Health Patient Portal at <https://osh.shs.uci.edu/> in order to be considered compliant.
- New, incoming students must also complete a TB Risk Screening Form; enter the vaccination dates of the additional four (4) required immunizations; and upload their immunization records online to the portal: <https://osh.shs.uci.edu/> in order to be deemed compliant.
- It is strongly recommended that these requirements be completed prior to the student's arrival on campus and prior to start of Fall term.
- **COMPLIANCE DEADLINES FOR NEW, INCOMING STUDENT REQUIREMENTS:**
 - ✓ Quarter System: **OCTOBER 22, 2021**
 - ✓ Semester System (Law): **SEPTEMBER 17, 2021**
- Compliance deadline for COVID-19 vaccination: 9-6-2021 (2 weeks prior to start of Fall term); compliance deadline for FLU vaccination has not been determined although will likely be on or around 11-1-2021



HEALTH REQUIREMENTS – KEY TAKEAWAYS (CONTINUED)

- What will happen if I am non-compliant with the New Student Vaccination and TB Testing mandates?
 - If an incoming student remains non-compliant by the deadline date, an academic hold will be placed by SHC with the University Registrar that will prevent student from enrolling in Winter Quarter classes (Spring Semester classes for incoming Law students).
- What will happen if I am non-compliant with the COVID-19 and/or Flu Vaccination mandates?
 - Students who do not comply with the COVID-19 and/or Flu vaccine mandate may be subject to disciplinary action or loss of campus privileges, including but not limited to loss of wifi privileges, restriction from campus resources, restriction of access to campus, and an academic registration hold restricting students from registering for classes. Disciplinary action can include probation, suspension, or dismissal from the university.
- Students who are not fully-vaccinated for COVID-19 will be required to comply with weekly COVID-19 testing; wear masks; and potentially comply with other mitigating controls.



HEALTH REQUIREMENTS – KEY TAKEAWAYS (CONTINUED)

- Visit the “UC TB Screening and Immunization Requirements” and “New Student Information” pages at the Student Health Center website www.shc.uci.edu for additional information and instructions.
- Visit the [UCIForward](#) website (Coronavirus Information Hub) regularly as another excellent source for the most up-to-date information regarding the University’s COVID-19 vaccination and testing policies; Flu vaccination policy; operational plans for campus Fall “re-opening”; and other useful information.
- Questions for Student Health Center? Send a secure message via the portal at <https://osh.shs.uci.edu/>:
 - Click on “Messages” from the left sidebar on the portal homepage.
 - Click on “New Message”
 - Select “I would like to send a CLINICAL secure message to the Student Health Center”
 - Select “New Student Immunization Requirement”
 - Use the relevant sections to compose your message and then click “Send”.
- You may also contact UCI’s Contact Tracing and Vaccine Navigation Services team (CTVNS) at 949-824-2300 for assistance in obtaining a COVID-19 vaccination; uploading records to the portal; and other useful information.



HEALTH INSURANCE COVERAGE AND WAIVER REQUIREMENTS

- Health Insurance Requirement – The University of California requires that all registered students be covered by health insurance that complies with UC’s “waiver” criteria regardless of student’s residence (on-campus or off-campus) or mode of instruction (on-campus or distance-learning).
 - All students are automatically assessed the UC SHIP premium and fees for the Fall quarter (or semester for law students). These fees are included with tuition and registration fees.
 - To opt out of UC SHIP, students must “waive out” by the published deadline date in order to receive a refund of UC SHIP fees.
- Application for UC SHIP waiver is completed online and submitted electronically. UC utilizes Academic Health Plans (AHP), a 3rd party vendor, to manage waiver processing and plan enrollment.
- To access the vendor’s waiver portal, visit the *Waiving UC SHIP* page on SHC’s website (<https://shc.uci.edu/insurance/waiving-ship>).
- **FALL QUARTER WAIVER PERIOD:** **July 26 – September 10, 2021**
- **LATE WAIVER PERIOD:** **September 11 – October 10, 2021**



HEALTH INSURANCE COVERAGE AND WAIVER REQUIREMENTS (CONTINUED)

- Waiver periods occur earlier for incoming students enrolled in “early start” programs (e.g., School of Law; School of Medicine; Summer Session MAT, MEPN, MSBA; Competitive Edge Graduate Program). Check SHC’s website for details at <https://shc.uci.edu/insurance/waiving-ship>.
- A “late waiver” fee of \$50.00 will be charged to students whose waiver application is submitted and approved during the late waiver period. Late waiver applications that are ultimately denied are not subject to this fee.
- Late waiver applications will only be accepted within thirty (30) days following the close of the regular waiver period. For Fall quarter 2021, this date is Sunday, October 10, 2021.
- If this deadline is missed and the student does not submit a late waiver application or the application is denied, then the student will have dual coverage for the Fall term.



HEALTH INSURANCE COVERAGE AND WAIVER REQUIREMENTS (CONTINUED)

- Once granted, the waiver is in effect for the current term and the remainder of the academic year.
- If the waiver application is denied, an appeal process is available. Visit SHC's website for details >>> <https://shc.uci.edu/insurance/waiving-ship/waiver-status-appeal-or-reversal>
- A new waiver application must be submitted at the beginning of each academic year.
- If student loses their non-UC SHIP health insurance coverage at any time during the academic year, the student can request “re-enrollment” in UC SHIP.
- If student is “re-enrolled” in UC SHIP, then student will be charged the fees for the entire quarter in which the “re-enrollment” was requested/approved and any subsequent quarters, if applicable. There is no proration of fees.



UC STUDENT HEALTH INSURANCE PROGRAM (UC SHIP) - OVERVIEW

- A comprehensive health care package including medical, mental health, vision and dental benefits
- Health Insurance Plan With 4 network components:
 - Anthem Prudent Buyer PPO
 - OptumRx (Pharmacy Benefits Manager)
 - Delta Dental PPO
 - Anthem Blue View Vision



UC SHIP – IMPORTANT GUIDELINES TO REMEMBER

- The Student Health Center (SHC) is the primary care provider (PCP) for students covered by UC SHIP and, therefore, all medical care must begin at SHC either through in-person or telemedicine appointments.
- If a student needs a medical or mental health service that SHC does not provide, then a referral can be requested to an in-network (“PPO”) provider near the campus community or near your place of residence if you are out-of-area.
- If a student obtains services from a community provider without a SHC referral, the services are not covered by the plan. Certain exceptions apply (e.g., ER, urgent care, Rx, dental care, vision care, OB-GYN, services received during winter break).
- Students covered by other health insurance plans are also eligible to receive services at SHC.



UC SHIP – IMPORTANT GUIDELINES (CONTINUED)

- Fees associated with the student's medical care received at SHC either in-person or via a telemedicine visit will be billed directly to the UC SHIP carrier.
- The copayment/coinsurance amounts for which the student is responsible will be billed to their campus billing account ("ZOT" account) after insurance payment is received.
- SHC does not bill 3rd party insurance plans other than UC SHIP.
- If the student is not covered under UC SHIP, then fees for services rendered by SHC will be billed to their campus billing account ("ZOT" account). Students may obtain an itemized statement to submit to their insurance carrier for reimbursement.



UC SHIP – IMPORTANT GUIDELINES (CONTINUED)

- 100% coverage for preventive exams and associated lab work including TB testing and immunizations at Student Health Center (SHC) or at Anthem Blue Cross PPO providers.
- Voluntary coverage in UC SHIP is available to spouses, domestic partners and dependents of registered students. Voluntary enrollment is completed online and is managed by Academic Health Plans (AHP), UC SHIP's waiver and enrollment vendor.
- For students who choose to maintain “dual” health insurance coverage, UC SHIP is always primary coverage for services rendered at SHC. UC SHIP is always secondary coverage for services rendered by any other non-SHC provider including Medicare. Certain exceptions apply (e.g., Medi-Cal, Tricare, MRMIP).



UC SHIP – COST OF COVERAGE FOR UNDERGRADUATE STUDENTS

- UC SHIP Fees for Undergraduate Students for AY 2021-22:
 - \$1,962.18 (12-month coverage: 9/13/2021 through 9/18/2022; coverage begins seven days prior to the start of the academic term for new, incoming students)
 - Note: 9-20-2021 is the start of the AY 2021-22 Fall quarter and the first day of coverage for *continuing* students.
 - \$654.06/\$654.06/\$654.06 (quarterly assessment for Fall/Winter/Spring quarters respectively. Spring quarter includes Summer coverage.)
- Above fees include coverage for all benefit plans (medical, mental health, dental, vision and pharmacy) and UC SHIP administration fees.
- Copay and/or coinsurance charges following an in-person or telemedicine office visit at SHC, if applicable, are transferred to the student's campus billing or "ZOT" account after payment is received from UC SHIP.



UC SHIP – COST OF COVERAGE FOR GRADUATE STUDENTS

- UC SHIP Fees for Graduate Students for AY 2021-22:
 - \$4,680.66 (12-month coverage: 9/13/2021 through 9/18/2022; coverage begins seven days prior to the start of the academic term for new, incoming students)
 - Note: 9-20-2021 is the start of the AY 2021-22 Fall quarter and the first day of coverage for *continuing* students.
 - \$1,560.22/\$1,560.22/\$1,560.22 (quarterly assessment for Fall/Winter/Spring quarters respectively. Spring quarter includes Summer coverage.)
- Fees for students enrolled in “early start” programs are prorated and, therefore, higher due to earlier start dates (e.g., School of Medicine; School of Law; Summer Session MAT, MEPN, MSBA; Competitive Edge). Check SHC’s website for details <https://shc.uci.edu/insurance/uc-ship-benefits-and-information/cost-ship>.
- Above fees include coverage for all benefit plans (medical, mental health, dental, vision and pharmacy) and UC SHIP administration fees.
- Copay and/or coinsurance charges following an in-person or telemedicine office visit at SHC, if applicable, are transferred to the student’s campus billing or “ZOT” account after payment is received from UC SHIP.



UC SHIP – DEDUCTIBLES AND CO-PAYS

- Deductible does not apply to visits at the Student Health Center and other UCI affiliated providers
- \$300.00 Plan Year Deductible for Services Received at non-SHC/non-UCI affiliated In-Network providers.
- \$500.00 Plan Year Deductible for Out-of-Network Provider Charges.
- Office Visit Co-pays: \$5.00 co-pay per visit for Primary Care Clinic or Nurse Clinic; \$0.00 copay for Mental Health in-office or telemedicine visits; \$15.00 for Specialty visits; \$10.00 for Chiropractic visits.
- Prescription Drug co-pays at:

SHC Pharmacy:	Other Pharmacies in Optum Rx Network:
■ \$5.00 Generic	\$10.00 Generic
■ \$25.00 Brand	\$35.00 Brand
■ \$40.00 Non-Formulary	\$50.00 Non-Formulary



WHEN YOU NEED A REFERRAL FOR MEDICAL CARE OFF-CAMPUS

- Students who are living on or near campus (distance guideline is within 50 miles of campus) should be seen at the Student Health Center by an SHC primary care provider (PCP) before obtaining a referral to receive non-urgent/non-emergency medical services outside of SHC.
- Students who are “distance learning” and live out-of-area, out-of-state or in another country may see an in-network primary care provider in their local geographic area. However, the student must request and obtain a referral from the Student Health Center PRIOR to their visit with a local PCP.
- If the non-SHC primary care provider orders diagnostic testing, a new referral may be required for certain studies (e.g., imaging). If you are referred to a specialist, a new, separate referral for specialist services must also be requested and obtained from SHC.
- If a referral is not obtained in advance, benefits are not payable and students will be responsible for the entire amount billed by the community provider who rendered services.
- The student should call or email SHC’s Insurance Services department to request/obtain a referral (949-824-2388; shc-insurance@uci.edu).



WHEN YOU NEED A REFERRAL FOR MENTAL HEALTH CARE OFF-CAMPUS

- Mental Health Services: The “50 Mile Guideline” does not apply.
- Regardless of the student’s distance from campus, a referral is still required.
- Neither an in-office visit, telemedicine visit nor a medical review by a SHC provider is required in order to obtain a referral.
- The student should call or email SHC’s Insurance Services department to request/obtain a referral (949-824-2388; shc-insurance@uci.edu).



SERVICES THAT DO NOT REQUIRE A REFERRAL FROM SHC

- Services outside SHC that do not require a referral:
 - Services in a hospital emergency room or urgent care center for treatment of a sudden, serious or acute injury, illness or medical/mental health condition
 - Prescriptions filled outside of SHC
 - OB-GYN services
 - Dental services
 - Vision services
 - Services received during Winter Break



UC SHIP COVERAGE WHEN TRAVELING OUTSIDE THE U.S.

Whether traveling or living outside of the country, you can use the Blue Cross Blue Shield Global Core Worldwide program when you need care. Here's how it works:

- 1. If you need help finding a doctor or hospital, or have any questions, call the BlueCard Worldwide Service Center toll free at 800-810-BLUE (2583) or collect at 804-673-1177, 24 hours a day, seven days a week
- 2. Call the SHC to obtain information on vaccines required for international travel to specific countries. SHC can administer the required vaccines.
- 3. In an emergency, go to the nearest hospital.
- 4. If you need non-emergency care, please contact the SHC for a referral to ensure that your claim for covered services will be paid according to plan benefits.



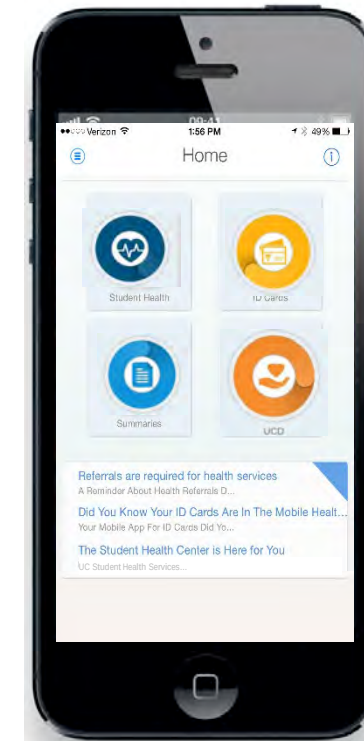
CAMPUS MEDICAL CARE ASSISTANCE FUND (CMCAF)

- The UC SHIP Reserve Fund Investment Committee (RFIC) granted funds to UC Irvine as well as to the other UC campuses for distribution to students with financial hardship. These funds are intended to assist the student in paying their out-of-pocket medical and/or mental health expenses that exceed \$500.00 up to the in-network individual out-of-pocket maximum which is currently \$2,000.00.
- All graduate and undergraduate students and dependents who are currently enrolled in UC SHIP, and enrolled for at least one term before the date of the medical and/or mental health service, are eligible. The date of service must be during either the 2020-21 or 2021-22 plan years.
- To be eligible, a student must have no outstanding financial balance with UCI on their campus ZOT account and they must first apply for charity care from the provider of service.
- UC SHIP has extended the CMCAF program through the 2021-22 plan year or until the campus fund is depleted whichever occurs first.
- For additional information, please visit the CMCAF website: <https://shc.uci.edu/insurance/campus-medical-care-assistance-fund>



The StudentHealth App

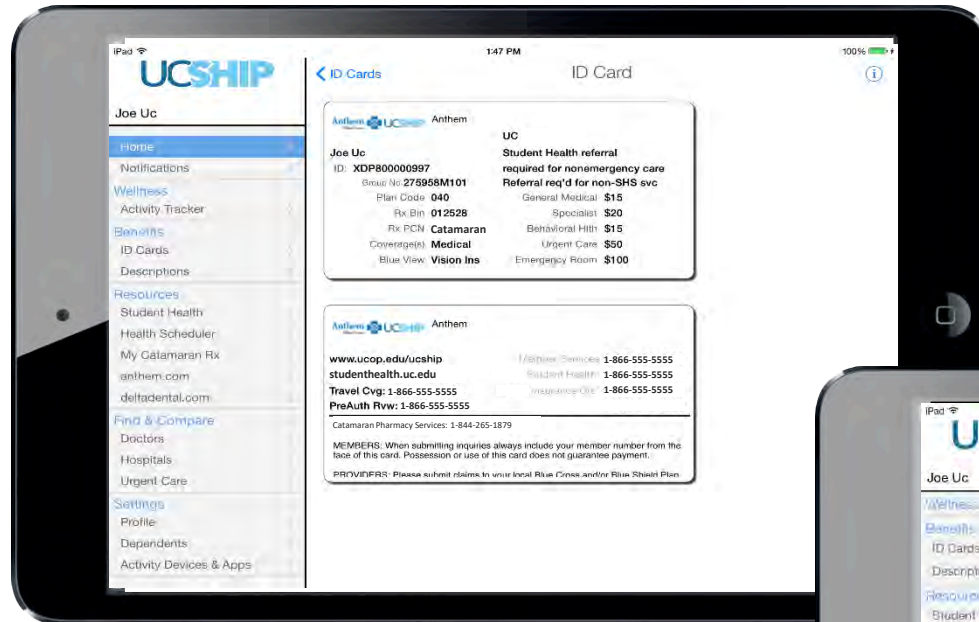
Available via Web, Tablet or Smart phone



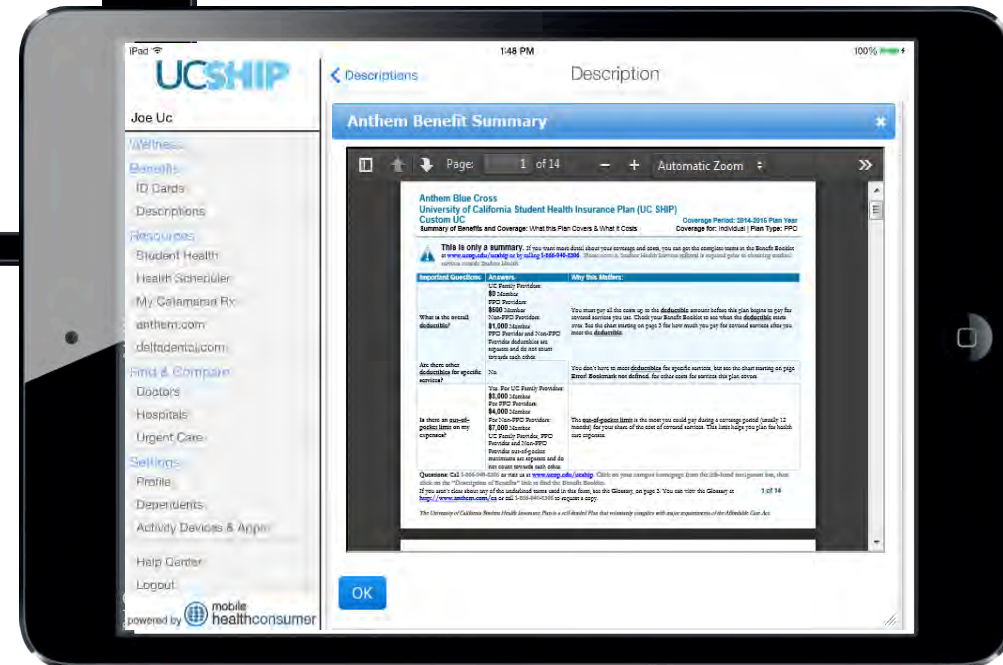
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One App Allows Students Easy Access

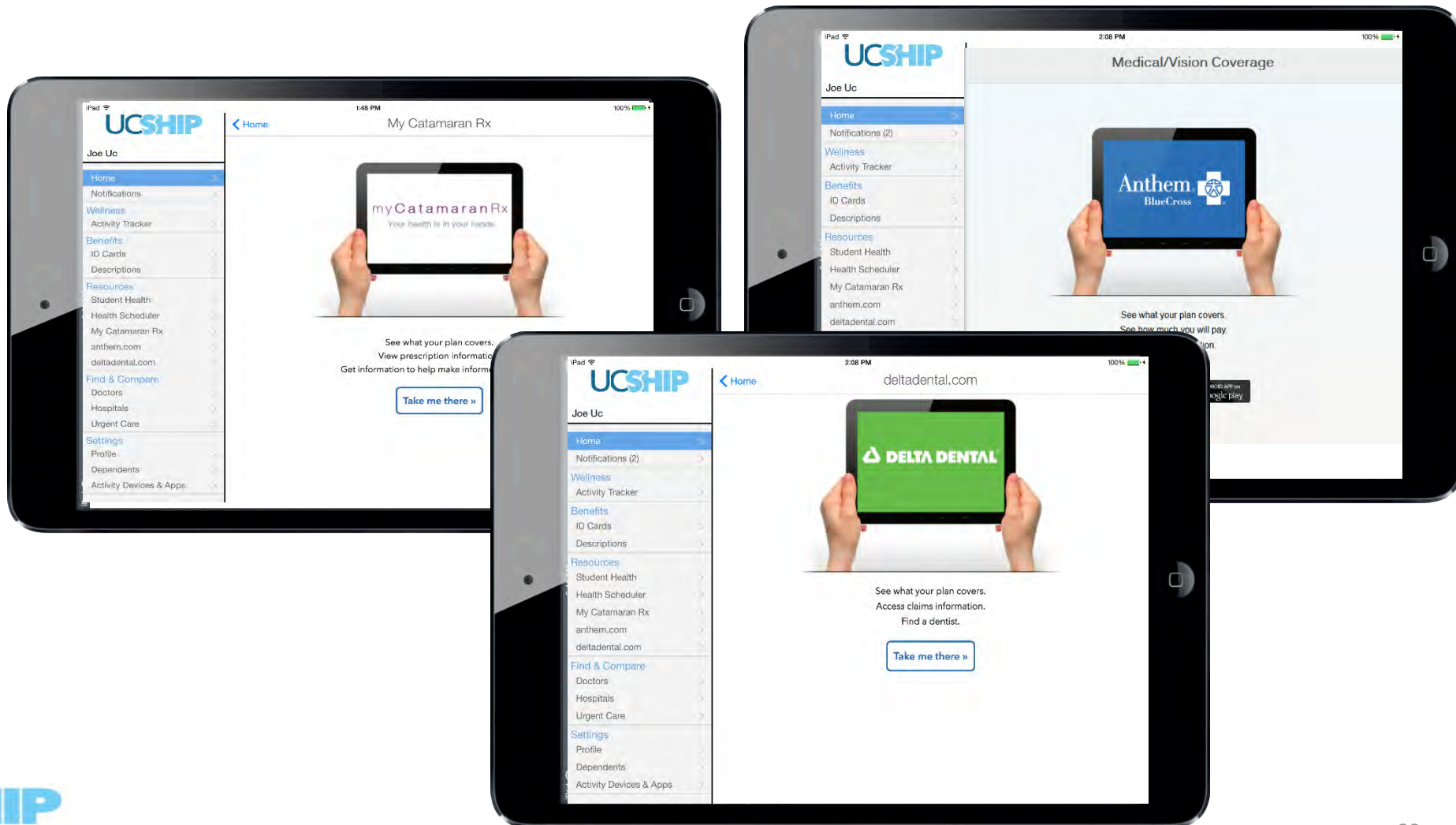


Students can log on using their Student ID# and see their ID Cards and Plan Documents





Access to Medical/Vision, Dental, Rx





IMPORTANT CONTACT INFORMATION

- Student Health Center Website: www.shc.uci.edu
 - Insurance Services Department: 949-824-2388; shc-insurance@uci.edu
- Anthem Blue Cross/Blue View Vision Customer Service: 866-940-8306
 - www.anthem.com/ca
 - 24/7 NurseLine: 877-351-3457.....Future Moms: 866-664-5404
- Delta Dental Customer Service: 800-765-6003
 - www.deltadentalins.com/ucship
- OptumRx Pharmacy Customer Service: 1-844-265-1879
 - www.optumrx.com/myCatamaranRx
- Academic Health Plans (AHP) Customer Service: 855-427-3206 or email ucship@ahpservice.com
 - Provides services for students purchasing UC SHIP voluntarily for themselves or their dependents



THANK YOU FOR YOUR ATTENTION AND BEST WISHES FOR A
VERY SUCCESSFUL AND REWARDING 2021-22 ACADEMIC YEAR!

For more information,
please visit our website:

www.shc.uci.edu